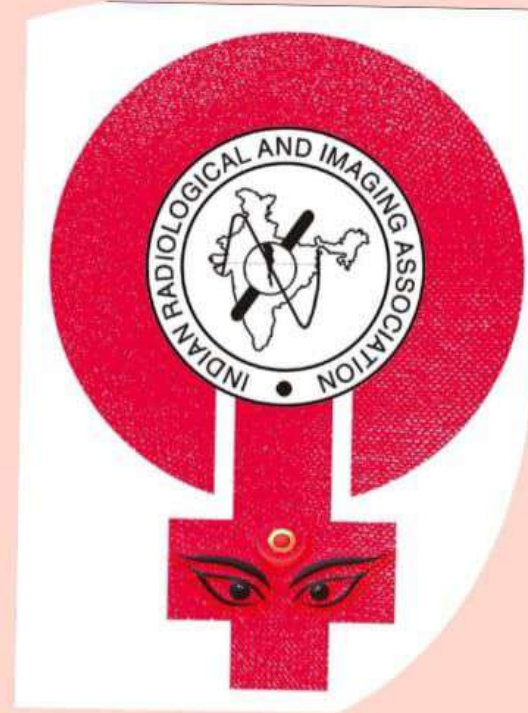




IRIA Karnataka State Chapter



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International Yoga Day
21st June 2025



IRIA KARNATAKA & IRIA SHAKTHI 2025

WELCOMES EVERYONE FOR A SPECIAL
WEBINAR

ON 21 ST JUNE,
INTERNATIONAL DAY OF YOGA

DR GAANA ASHWATH, YOGA ENTHUSIAST,
TEACHER AND RADIOLOGIST FROM BENGALURU

SPEAKING ON YOGASANAS IN PELVIC FLOOR
WEAKNESS, SPINE AND JOINT PROBLEMS!
ON 21ST JUNE @ 7:00 PM



MODERATED BY: DR SONALI KIMMATKAR
SONI, FROM AMRITSAR, **YOGA TIPS FOR
RADIOLOGISTS**



DR PRAVIN GU, PRESIDENT KARNATAKA IRIA
DR VIJAYASARADHI A, SECRETARY KARNATAKA IRIA
DR NEERA KOHLI, VICE PRESIDENT NATIONAL IRIA
DR FLORA NELSON NATIONAL SHAKTHI COORDINATOR
DR MADHAVI CHANDRA, NATIONAL SHAKTHI CO-COORDINATOR
DR RUPA ANANTHASIVAN, DR VARSHA KALE AND
DR JAHNAVI G, NATIONAL SHAKTHI MEMBERS 2025